



**March 11, 2023: Karen Bryant Workshop: Summer Solstice, a Judy Niemeyer pattern**

Size: 58" x 58"

Pattern Price: \$47.00 Must be purchased before the class. Available online at [quiltworx.com](http://quiltworx.com)

Pattern Includes: Instructions, Cover Sheet, Yardage Information, Foundation Papers

The Summer Solstice was designed by Bradley and Judy Niemeyer. These instructions teach a strip piecing technique that expands on our traditional foundation paper piecing approach to complete lone star units. Strips are sewn onto foundation paper to complete what we call a 'Strip Set'. After the strip sets are completed, they are cut apart, rearranged, and resewn into a diamond star point. The technique evolved from seeing some common assembly approaches between the Summer Solstice and Bali Fever Backgrounds. Judy began experimenting with ways to speed up the creation of a lone star block with a strip to eliminate cutting, while also minimizing fabric waste.

The Summer Solstice star was designed using 3" strips for the strip piecing. It incorporates a paper pieced New York Beauty (NYB) block and the general assembly process was designed with no Y-Seams. It uses yardage very efficiently at just over 7 yards of fabric for the top.

**Supply List:**

- Sewing machine and needles
  - Thread
  - Add-a-Quarter ruler (6" and/or 12")
  - Plastic or paper folding template\*
  - Pins-flat head flower pins are best
  - Repositionable Glue stick (wider – 1 inch diameter or so)\*\* Glue pen (narrower – 1/4 inch diameter or so)
  - Scissors for cutting paper Scissors for thread Rotary cutter and blades Cutting mat
  - Iron-out marking pens in light and dark colors, or sticky labels (lots of them!) Sharpie pen
  - Seam ripper
  - Paper clips
  - Gallon-size resealable bags
  - A small iron and ironing pad are helpful.
- \*A folding template is used to crease paper when you fold it over. You can use a postcard, strips of poster board, or plastic sheets.
- \*\*Repositionable glue is the glue used for Post-It notes. It may also be called restickable glue. I like the Scotch brand.