

Instructions and Suggestions for making Adult Bibs

Materials:

Fabric – best material is reversible quilted

Thread

Velcro OR heavy duty snaps

Pattern – use the one provided OR one you find online

Instructions

1. Cut out pattern
2. Fold outside edges $\frac{1}{4}$ inch and fold again and sew. Double stitch.
3. Repeat folding and sewing for neck edge and double stitch OR trim $\frac{1}{2}$ inch of fabric and enclose edge using bias tape.
4. Cut velcro about 1 to $1\frac{1}{2}$ inches long and sew on for the neck closure. Pay attention to the direction of the velcro on each side. The neck closure should lie flat. Double stitch the velcro pieces. OR sew heavy-duty snaps in place very securely. Bibs will be washed frequently in hot water.

Suggestions

- If your machine doesn't sew through the thickness of folded pre-quilted fabric, use bias tape around the entire bib.
- Before folding the edges of the cut fabric, use a long machine stitch to sew just slightly less than a $\frac{1}{4}$ " around the curved edges at the top and bottom of the flat piece. Pull thread to gather these areas slightly. This will make it easier to fold the fabric smoothly around the curves.
- You can get two bibs (using the pattern provided by the club) out of a yard of the wide quilted fabric sold at JoAnn's. Using a coupon for the fabric makes the two bibs much more affordable. Actually, if you take the pattern with you to the store, you may find you can make it with a little less than a full yard.